11th Annual Emperor's Challenge Mountain Run

Saturday August 8th, 2009 in Tumbler Ridge, B.C.

New Race Course for 2009, on Babcock Mountain

BC ATHLETICS

WNMS TUMBLER RIDGE BC

Phone Kelly at (250) 242-3551 or Birgit at (250) 242-4860 Email emperor@pris.ca

Race website: www.emperorschallenge.com

Payment must accompany registration to Box 1236, Tumbler Ridge, B.C. V0C 2W0

Cheque to: Emperor's Challenge Mountain Run

Entry deadline is August 7th – mail in form, or register online www.runningroom.ca

Name:_____ _____ Age (as of Dec 31/09): _____ Sex: M / F

First Last

Category: 21.1 km Event _____ I have participated in this event before: Yes / No

Kids' Race: 7 & Under 2 km ____ 8-11 2 km____ 14 & Under 4 km____

Mailing Address _____

City_____ Province _____ Postal Code _____

Phone Number_____ E-mail:_____

T-Shirt (New Design - must be ordered by July 22nd) $15:____ Size (Youth L Adult S / M / L / XL)

		BC Athletics Member	Non-Member
Entry Fee: 21.1 km Event:	On or before July 8th	$20 _____	$23_____
(Includes lunch but not t-shirt)	July 9th & later	$32 _____	$35_____
	Kids Race:	$3 _____	$6_____

BC Athletics Number:_____

You are encouraged pick up your race package on Friday August 7th from 6:30 to 8:30 PM in the Community Centre. Packages can also be picked up at the race site on race morning.

-Pre Register to Box 1236, Tumbler Ridge, B.C. V0C 2W0. **No race day registrations accepted.**

- You can also register online at **www.runningroom.ca** until 5pm on Friday August 7th.
- **Bear Spray is optional (See "Request to Race")**
- Race start 9 AM at the Core Lodge (1/2 hour from Tumbler Ridge). Kids start at 9:30 AM
- Directions/Additional Info at Tumbler Ridge Visitor Info Center. Follow signs to Info Booth.
- Awards presented at completion of race, **age group medals have been added this year**
- Special Award given to those completing their 5th & 10th Emperor's Challenge Campaigns.
- All entries are non-refundable and non-transferable.
- Time limit is 5 hours to have a qualifying time and receive a finisher's medal
- Accommodations are limited, so please book early

REQUEST TO RACE:

I hereby request to accompany members of the WNMS in the Emperor's Challenge Mountain Run. I understand that the course is completely in the wilderness. I understand that the course is run completely in **GRIZZLY BEAR HABITAT**. I will walk/run at my own risk. I hereby release the WNMS, its members or agents, and any person officially connected with this competition, from all liability for any injuries or damages whatsoever arising from my participation in or presence at this event. I grant permission to Event Organizers to use or authorize others to use any photographs, motion pictures, or any other record of my participation in this event or related activities without remuneration

_____ _____ _____

Signature of participant Date Signature of parent/guardian For participant 18 and under